

# grain & grill

## Starters

**Homemade soup of the day** €5.25  
Served with a fresh bread roll or homemade brown bread  
Contains: - 6 (wheat flour), gluten/7/12

**Vegetable Spring Roll** €9.00  
Fresh mixed leaf salad, drizzled with sweet chilli sauce  
Contains: - 6 wheat flour, gluten/8/11/13

**Classic Caesar Salad** €7.50  
With croutons & parmesan cheese

Add Chicken for €2.50  
Contains: - 6 wheat flour, gluten/7/11 (Gluten free available)

**As Main** €10.50 **With Chicken** €13.50

**Wild Atlantic Shrimp Cocktail** €9.00  
Tossed in maire rose sauce, served on a bed of mixed leaves, with homemade soda bread  
Contains: - 1 shrimp/11

**Crispy Chicken Wings** €9.00  
With blue cheese dip & a choice of BBQ or hot sauce  
Contains: - 6 wheat flour, gluten/7/9 (Gluten free with hot sauce)

**Chilli Beef Nachos** €8.00  
Crispy tortilla chips with spiced chilli minced beef & mozzarella cheese with salsa & sour cream  
**Go Large** €13.50  
Contains: - 6 wheat flour, gluten/7

## Mains

**Golden Fried Plaice** €15.00  
Served with a delicious fresh side salad, tartare sauce & chunky chips  
Contains: - 3 plaice/6/7/11

**The Maldron Fish & Chips** €14.95  
Battered haddock fillet served with chips mushy peas & tartare sauce  
Contains: - 3 haddock/6/7/11/13

**The Veggie Burger** €13.95  
Vegetable pattie served in a floury bap with lettuce tomato & salsa served with fries, homemade coleslaw  
Contains: - 6 Wheat, gluten /7/8/9/11 (Gluten free available)

**Penne Pasta** €10.00  
Tossed in a homemade tomato & basil sauce, with garlic bread  
Contains: - 6 wheat, gluten

**Crispy Chicken Goujons** €13.50  
Deep fried & served with a sweet chilli dip, chips & homemade coleslaw  
Contains: - 6/7/9/11

**Prime Steak Burger** €14.95  
In a floury bap with Wexford cheddar, crisp bacon, salad, chef's special recipe sauce, with fries and homemade coleslaw  
Contains Allergen 6/7/9/11/12/13 (Gluten free available)

**Honey & Balsamic Glazed Duck** €17.50  
Served on a bed of vegetable couscous  
Contains: - 7/9

**Supplement for inclusive Meals** €5.00

**Szechuan Beef** €14.50  
Tender strips of beef, tossed on a homemade szechuan pepper sauce, served with savoury rice, diced carrot & spring onion, sesame seeds & coriander  
Contains: - 6/7/8/10

**8oz Sirloin Steak** €21.50  
Served with a portobello mushroom, grilled tomato, onion rings & chunky chips, with choice of pepper sauce or garlic butter  
Contains: - 6 wheat flour, gluten/7/8 (gluten free available)  
**Supplement for inclusive Meals** €10.00

## Pizzas

**Margarita** €11.50  
Contains: - 6 wheat flour, gluten /7/9 (gluten free available)

**Ham and Cheese** €13.00  
Contains: - 6 wheat flour, gluten /7/9 (gluten free available)

**Meat Feast** €14.00  
Bacon, pepperoni & chicken  
Contains: - 6 wheat flour, gluten /7/9 (gluten free available)

**Double Pepperoni** €13.50  
Double helping of pepperoni  
Contains: - 6 wheat flour, gluten /7/9 (gluten free available)

## Desserts

**Cheesecake of the day** €6.00  
With fresh cream  
Contains: - 5 may contain nuts/6 wheat flour /7/11

**Warm Chocolate Fudge Cake** €6.50  
With fresh cream and chocolate sauce  
Contains: -6 wheat flour / 7/11

**Warm Apple Crumble** €6.00  
Served with fresh Cream  
Contains: - 6/7/9/11

**Selection of Ice Cream** €6.50  
Served in a wafer basket with butterscotch sauce  
Contains: - 6 wheat flour /7

### Allergen Index

No. 1 Shellfish (Crustaceans) No. 2 Shellfish (Mollusc's) No. 3 Fish No. 4 Peanuts No. 5 Nuts  
No. 6 Cereal Containing Gluten No. 7 Milk NO. 8 Soya No. 9 Sulphur Dioxide No. 10  
Sesame Seeds No. 11 Egg No. 12 Celery and Celeriac No. 13 Mustard No. 14 Lupine

*All of our beef is of Irish origin*